



2345 Lamington Road, Suite 108
Bedminster, NJ 07921
Office: (908) 470-2600 - Office Cell: (908) 800-4993

Travel Guide for Out-of-Town Patients

We know traveling for surgery can feel like a lot, so we put together this guide to make planning easier. This version is organized for easy website use and can be broken into separate sections or cards.

Arrival and Location

Our office is in Bedminster, New Jersey. Newark Liberty International Airport is the closest major airport. Far Hills, New Jersey is the closest train station.

Transportation

Most patients use Uber, Lyft, a private car service, or a rental car.

Useful links:

- NJ Transit: <https://www.njtransit.com/>
- Practice directions: <https://janjuafacialsurgery.com/patient-info/location-directions/>

Hotels

- Hyatt House Branchburg / Bridgewater — Good for longer recovery stays. Link: <https://www.hyatt.com/hyatt-house/en-US/erwxa-hyatt-house-branchburg-bridgewater>
- AC Hotel Bridgewater — Good modern hotel option. Link: <https://www.marriott.com/en-us/hotels/ewrab-ac-hotel-bridgewater/overview/>
- Delta Hotels by Marriott Basking Ridge — Good full-service option. Link: <https://www.marriott.com>
- Courtyard by Marriott Basking Ridge — Practical Marriott option. Link: <https://www.marriott.com>
- The Bernards Inn — Quiet boutique option. Link: <https://www.bernardsinn.com>
- The Olde Mill Inn — Softer, quieter boutique option. Link: <https://www.oldemillinn.com/lodging/>

Hotel Recommendations by Patient Type

- Good for extended recovery: Hyatt House Branchburg / Bridgewater
- Good modern hotel: AC Hotel Bridgewater
- Nice quiet local stay: The Bernards Inn
- Good quiet boutique setting: The Olde Mill Inn



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Restaurants

- Trattoria Mediterranea — Very close to the office. Link: <https://www.trattoriamediterranea.com>
- Pluckemin Inn — Good for a nicer dinner nearby. Link: <https://www.pluckemininn.com>
- Delicious Heights Bedminster — Good polished casual option. Link: <https://deliciousheights.com/bedminster/>
- Cafe Picasso — Reliable lunch or dinner option. Link: <https://cafe-picasso.com>
- Kyma Greek Cuisine — Good special dinner option. Link: <https://www.kymacuisine.com>
- Luna Rossa Ristorante — Convenient Italian option for families. <https://lunarossapizza.com/>
- Steck's North Deli — Simple lunch option. <https://stecksdeli.com/pluckmein/>
- Bedminster Pizza — Easy takeout option. <https://bedminsterpizzanj.com/>

Dining Recommendations by Use Case

- Closest polished dinner: Trattoria Mediterranea
- Best nicer dinner nearby: Pluckemin Inn
- Best easy polished option: Delicious Heights Bedminster
- Best simple recovery food option: Bedminster Pizza or Steck's North Deli

Coffee and Breakfast

Nearby coffee options include Carriage House Cafe, Peet's Coffee, Starbucks, and Dunkin.

Pharmacies and Essentials

- Bedminster Specialty Pharmacy — 1560 US 206, Bedminster, NJ 07921 — (908) 396-7000
- Far Hills Pharmacy — 405 Main Street, Bedminster, NJ 07921 — (908) 234-1101
- CVS Pharmacy — 440 Union Avenue, Bridgewater, NJ 08807 — (908) 707-1231
- Valley Integrative Pharmacy — 75 Washington Valley Road, Bedminster, NJ 07921 — (908) 658-4900
- Kings Food Market — 450 Hills Drive, Bedminster, NJ 07921
- The Fresh Market — 75 Washington Valley Road, Bedminster, NJ 07921



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Closest Hospital and Post-Op Support

- Morristown Medical Center — 100 Madison Avenue, Morristown, NJ 07960
- COSMED post-operative support — (973) 500-4799

Things for Companions to Do

- Duke Farms
- Natirar Park
- Bridgewater Commons Mall
- Loren Photos Gallery

Recovery Planning

Patients generally stay locally for 3 to 7 days depending on the procedure. Facelift and rhinoplasty patients often stay 5 to 7 days. Eyelid surgery patients often stay 3 to 5 days.

Helpful tips:

- Fly into Newark when possible.
- Stay within a short drive of the office.
- Choose a quiet hotel room with easy parking.
- Keep meals simple and nearby for the first few recovery days.
- Save one pharmacy and one grocery store before you arrive.



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Recommended Patient Plan

Night Before Consultation or Surgery

- Check into your hotel.
- Have dinner close to the office.
- Pick up essentials if needed.

Surgery Day

- Use a short ride-share or companion drop-off to the office.
- Return to the hotel with medications and post-op supplies arranged.

Recovery Days

- Keep things quiet and simple.
- Use nearby meals and easy local stops.
- Follow the recovery timing recommended for your procedure.

Travel Visas

If you are coming from outside the USA, please make sure you have the appropriate visa and travel documents before making plans. After your consultation, we can provide a letter for you to present to the U.S. Embassy, along with your own supporting documents, when applying for a U.S. visa.

Quick List

- Best airport: Newark Liberty International Airport
- Best hotel for recovery: Hyatt House Branchburg / Bridgewater
- Best modern hotel: AC Hotel Bridgewater
- Best quiet boutique option: The Bernards Inn
- Best closest dinner: Trattoria Mediterranea
- Best nicer dinner: Pluckemin Inn
- Best easy polished meal: Delicious Heights Bedminster
- Closest train station: Far Hills
- Closest hospital: Morristown Medical Center



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Contact Links

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- Directions: <https://janjuafacialsurgery.com/patient-info/location-directions/>
- Out-of-town patient page: <https://janjuafacialsurgery.com/patient-info/out-of-town-patients/>
- Hyatt House Branchburg / Bridgewater:
<https://www.hyatt.com/hyatt-house/en-US/erwxa-hyatt-house-branchburg-bridgewater>
- AC Hotel Bridgewater:
<https://www.marriott.com/en-us/hotels/ewrab-ac-hotel-bridgewater/overview/>
- Trattoria Mediterranea: <https://www.trattoriamediterranea.com>
- Pluckemin Inn: <https://www.pluckemininn.com>
- Delicious Heights Bedminster: <https://deliciousheights.com/bedminster/>